

## Useful links for nurses and carers of people with diabetes:

### Care Quality Commission (CQC):

"Guidance for CQC staff: Inspecting the quality of care for residents with diabetes mellitus living in care home"

<http://bit.ly/1LZsaGS>

### National institute for Health and care excellence (NICE) guidance:

Diabetes guidelines NG17 and NG28

<http://bit.ly/2pd39gS>

### Training, Research and Education for Nurses in Diabetes (TREND-UK):

a working group of specialist diabetes nurses who have developed a wide range of resources and training programmes for qualified and unqualified practitioners. Included in the resources is the 'Integrated Career and Competency Framework for diabetes nursing'

[www.trend-uk.org](http://www.trend-uk.org)

### Diabetes on the Net CPD Centre:

a suite of completely FREE diabetes modules which can form part of your CPD. Includes the 'Six steps to Insulin Safety' e-learning module

[www.cpd.diabetesonthenet.com](http://www.cpd.diabetesonthenet.com)

### Podiatry competency framework:

<https://bit.ly/2Mo7kGO>

### Diabetes UK: general diabetes information and resources

[www.diabetes.org.uk](http://www.diabetes.org.uk)

### Care Quality Commission (CQC):

My diabetes, my care: Community diabetes care review

[www.cqc.org.uk/mydiabetesmycare](http://www.cqc.org.uk/mydiabetesmycare)

### End of life care:

<https://bit.ly/2whYu2f>

## Diabetes Information Postcard

**Competency statements for residential and nursing homes  
(from TREND-UK 'An Integrated Career and Competency Framework  
for Diabetes Nursing, 4th edition')**

To care for someone with diabetes living in a residential or nursing home you should be able to:

**Competent nurse:**

As for unregistered practitioner, and:

- Identify and review the specifics of diabetes management in each person's individualised care plan.
- Demonstrate an awareness of how lifestyle changes can impact on the prevention and progression of diabetes.
- Have a broad understanding of diabetes medications and timings in relation to meals and side-effects.
- Have a good knowledge of policies and procedures relating to the management of diabetes and older people.
- Know when to refer for GP assessment or specialist care.
- Understand the requirement for influenza vaccination.
- Organise access to retinopathy screening.
- Organise access to podiatry, as required.
- Have a working knowledge of other agencies (e.g. community health staff, dietetic and podiatry services, social services and voluntary agencies), and how to refer to them.
- Follow local policy and guidance regarding care of people with diabetes in residential or care homes, and be aware of current national reports and guidance.

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**Unregistered practitioner:**

Demonstrate an understanding of specific issues relating to the care of people with diabetes in residential or nursing homes, such as:

- Access and timing of meals in relation to diabetes medication.
- Understand course of action if food is refused.
- Recognise the risk of, as well as the signs, symptoms and treatment for hypoglycaemia.
- Perform blood glucose monitoring and urine testing according to manufacturers' instructions if trained and competent to do so.
- Recognise and follow local policy around the disposal of sharps.
- Understand the normal glycaemic range and report readings outside this range to the appropriate person.
- Demonstrate knowledge of how to perform a basic foot examination and report adverse findings.
- If appropriately trained, demonstrate how to perform the basic components of an annual review and report abnormal findings.